

Health. Human. Home.



## The future of care is here

At RDNS Silverchain, we believe that everyone deserves to live a healthy, safe, and independent life in the comfort of their home, and to stay active and connected within their community.

We provide tailored care to help you stay there.

With over 130 years' experience supporting our clients to remain living at home, you can trust us to take good care of you.

### Clients first

As a not for profit organisation, we focus on providing quality care and always put our clients first.

### A specialised highly skilled care team

Our knowledgeable team deliver a broad range of services including home support, allied health, nursing, midwifery, paediatric care, disability training, palliative care and much more.

### All the care you need to stay at home

We delivery quality home care services to ensure all your health and aged care needs are met now and into the future.

### A tailored, personalised service

Our team provide services to meet your individual needs. We take time to get to know you, understand your needs, and provide advice to help you make informed decisions.

### Around the clock support

Our Contact Centre operates 24 hours a day. We are always available to answer your questions or help with any urgent support needs.

# A guide to our services



### Contact us

**RDNS Silverchain**

SA enquiries: 1300 364 264

[info@rdns.org.au](mailto:info@rdns.org.au)

[silverchain.org.au](http://silverchain.org.au)



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## Our services

RDNS Silverchain offers a wide range of services to support you now and as your needs change.



### Nursing services

- Wound care
- Catheter and continence care
- Diabetes care and support
- Medication management
- Stoma care
- HIV care co-ordination and support
- Paediatric care
- Palliative care



### Personal care and wellbeing

- Showering
- Dressing and personal grooming
- Assistance with hair and make-up
- Shaving



### Equipment and home modifications

- Ramps
- Grab rails
- Walking aids
- Frames and more



### Meal planning and preparation

- Meal preparation
- Shopping support



### Allied health and therapy services

- Physiotherapy
- Occupational therapy
- Podiatry
- Speech pathology
- Social work
- Nutrition and dietetics
- Rehabilitation
- Dementia support



### Falls prevention and safety

- Falls prevention program including home safety and mobility aids



### Support for family and carers

- Support for carers
- In-home respite



### Community and companionship

- Helping you do the things you enjoy in your community



### Home and garden

- Cleaning and tidying
- Making beds
- Laundry
- Plus much more because every home and garden is different