

# Commonwealth Home Support Programme

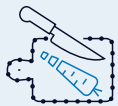
## Information about our services

The Commonwealth Home Support Programme (CHSP) provides you with basic home support services. You are eligible for this type of support based upon your ability to carry out everyday activities.

We deliver CHSP services to support you to continue living in your own home and remain connected to your community. We'll work alongside you to build your strength and improve your ability to do things for yourself.

Our complete team of health and home care specialists include nurses, allied health professionals, and care experts who can provide all the care you need.

The range of CHSP services we can provide are outlined below. Please note, availability may differ by location.



### Meal planning and preparation

Help with grocery shopping, preparing and delivering meals, and eating well.



### Bathing, hygiene, and grooming

Support to take care of yourself and your personal hygiene and grooming.



### Home or garden maintenance

Help to keep your home clean, safe, and liveable, such as cleaning, laundry, and lawn mowing.



### Changes to my home

Support with approved home modifications like handrails that help you stay safe at home.



### Aids to stay independent

Equipment that supports mobility, communication, and helps you stay safe and take care of your personal care needs, like walking aids.



### Allied health

Support to restore, improve, or maintain your independence and wellbeing such as podiatry, physiotherapy, occupational therapy, dietetics, speech pathology, and social work.



### Nursing support

Support to monitor and treat medical conditions like wound care, and to manage conditions such as incontinence and dementia.



### Social outings, groups, and visitors

Help to do the things you enjoy with others and in the community.



### Day or overnight respite

Supporting you and your loved ones by giving you a break for short periods of time.



### Transport

Support to go to your appointments, local shops, or places of interest.

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## Your financial contributions

The government expects all CHSP clients to contribute financially towards the care and services they receive. This is detailed in our CHSP Contribution Schedule. We will discuss the amount of your contribution before your care and services begin.

## Further support

We understand you may need some extra help to live independently. There are a number of options available — you can:

- **Ask for an assessment to receive more comprehensive services**

If your needs have become more complex and are no longer being met by CHSP, you may be eligible for a Home Care Package (HCP). With a package, you are allocated a budget to use on the services that will help you most. To find out if you're eligible, you will need to be assessed by the Aged Care Assessment Team (ACAT), who are also an independent organisation.

- **Consider private services**

If you need some extra support you can self-fund with additional services or hours of care.

## Returning home from hospital

If you've been injured or spent time in the hospital, you may be eligible for additional services through CHSP. Speak to our friendly Contact Centre to find out how we can help you get back on your feet.

## Additional resources

You can access independent information about CHSP from the My Aged Care website at: [myagedcare.gov.au/help-at-home/commonwealth-home-support-programme](https://myagedcare.gov.au/help-at-home/commonwealth-home-support-programme)

## For further information

To find out more about the services we offer or to answer any questions you have, please contact us:



**National enquiries: 1300 650 803**

**SA enquiries: 1300 364 264**

To access the Translating and Interpreting Service call **131 450**. Ask the operator for the language you speak and ask them to call us for you.

Although funding for government subsidised aged care services may be provided by the Australian Government, the material in this information sheet does not necessarily represent the current views or policies of the Australian Government. It does not constitute advice. Please ensure you seek your own advice and information suited to your specific circumstances.

## Contact us

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